



Neal's Yard Remedies

Treatment Room Timetables

11 Northumberland Place BATH BA1 5AR Tel: 01225 466 944 www.nyr-bath.com

Times: am = 9.30am to 1.30pm and pm = 2pm to 6pm Evening 6.30 - 9.30 pm

PLEASE NOTE ALL MASSAGE TIMES QUOTED INCLUDE TIME TO TAKE A SHORT CONSULTATION AND TIME FOR YOU TO CHANGE AND GET DRESSED.

If you want a full hour on the couch please book 75 minutes

Acupuncture

Monday and Wednesday am	Sue Davison	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
Monday pm	Bryan Melville	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
Thursday pm	Jon Huxley	1st apt £55 for 45 - 60mins, FU:£45 for 45mins

Allergy Testing or Food Testing with Kinesiology

Friday pm	Caroline Metz	£45 for 60 minutes or £40 for children (under 18) for 60 mins
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Aromatherapy Massage (* indicates specialist training in Aromatherapy for pregnancy)

Please note - at least 15 mins of 1st aromatherapy appts will involve case taking and oils being made up specifically for you. Your time does include time to change and get dressed.

Wednesday am & some Mon am	Caroline Josling *	£65 for 75 mins /F.Ups: £55 for 60 mins or £75 for 90 mins
Wednesday pm	Shireen Hemmati	£65 for 75 mins /F.Ups: £55 for 60 mins or £75 for 90 mins
Friday pm (Away until April 2016)	Lizzie Longhurst	£65 for 75 mins /F.Ups: £55 for 60 mins or £75 for 90 mins
Saturday pm	Helen Anderson	£65 for 75 mins /F.Ups: £55 for 60 mins or £75 for 90 mins
Friday & Sunday	Keiko Kishimoto *	£65 for 75 mins /F.Ups: £55 for 60 mins or £75 for 90 mins

Clinical Aromatherapy with Oriental diagnosis

Friday & Sunday	Keiko Kishimoto	1st Appt £70 for 90 mins(inc consultaion) F/Up same as Aromatherapy
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Ayurvedic Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)

Thursday all day	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins
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Warm Bamboo Massage (always combined with Hot stone when done by Lizzie) (booked time will involve notes being taken and getting changed)

Friday pm (Lizzie is away until April 2016)	Lizzie Longhurst	£55 for 75 mins or £50.00 for 60 mins
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Baby Massage

Friday pm (Away until April 2016)	Lizzie Longhurst	£30 for up to an hour for individual sessions or £15 each if you share with another parent and baby.
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Bach Flower Therapy (prices are for consultations only and do not include the costs of any medicines)

Thursday all day and Saturday pm	Celia Stewart	1st apt: £35 for 45mins, FU:£25 for 30mins (Mini Bach consultations 15 mins for £15 & includes remedy)
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Bach Consultations can be combined with Facial/Massage treatments for an additional £10 (15mins Bach) or £20 (30mins Bach) plus the cost of remedies approx £5.

Bowen Technique

Monday pm	Carla Hanreck	£50 for 60 mins, £30 for 30 mins
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Chinese Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)

Thursday all day	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins
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Cranial Osteopathy

Wednesday pm	Giles Cleghorn	£65.00 for all sessions adults and children.
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Craniosacral Therapy

Monday all day	Jo Hanstead	1st apt £50 for up to 60mins: FU:£48 for 45 mins £40 for new (60min) and £32 for 30 min F/ups	Under 16's
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Counselling (including couples)

Wednesday pm	Lynda Mutch	£60 for 60mins
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Ear Candling with gentle drainage massage and candles included.

Thursday all day and Saturday pm	Celia Stewart	£40 for 45 mins
Friday & Sunday	Keiko Kishimoto	£40 for 45 mins

Eden Energy Medicine

Monday pm	Carla Hanreck	£70 for 90 minutes NP and F/Ups
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Energy Healing

Tuesday pm	David Moul	£55 for 60 minutes NP and F/Ups
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Facials, Neal's Yard

Thursday all day and Saturday pm	Celia Stewart	£55 for 60 mins, Express Facial £35 for 30 mins
Wednesday am and some Monday am	Caroline Josling	£55 for 60 mins, Express Facial £35 for 30 mins
Friday pm (Away until April 2016)	Lizzie Longhurst	£55 for 60 mins, Express Facial £35 for 30 mins

Ayurvedic Face Massage

Thursday pm	Madeleine Zagni	£45 for 60 mins
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Indian Face Massage

Saturday pm	Helen Anderson	£50 for 60 mins, £30 for 30 mins
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Facelift Massage with Lymphatic Drainage

Wednesday am and some Monday am	Caroline Josling	£65 for 75 mins or £75 for 90 mins
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Facelift Massage with Manual Lymphatic Drainage / Japanese Cosmo Facelift - treatment tailored to suit you

Friday & Sunday	Keiko Kishimoto	£55 for 60 mins
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Facial Reflexology

To avoid a full cancellation charge

Friday & Sunday	Keiko Kishimoto	£50 for 60 mins	
Rejuvenessence Facial Energy Release ®			
Wednesday am and some Monday am	Caroline Josling	£65 for 75 mins or deluxe with mini NYR facial £75 for 90 mins. course of 6 treatments.	£360 for a course of 6 treatments.
Facial Rejuvenation Acupuncture (need a course of 6 treatments)			
Monday pm	Bryan Melville	1st apt £55 for 45 - 60mins, FU:£45 for 45mins	
Facial Yoga (Monthly sessions 7pm until 8.30pm on the second Thursday each month)			
	Emma Foster	£15.00 per session - please book in advance.	
Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)			
Saturday am	Ruth Baker	£45 for 60 mins, £25 for 30 min follow-ups. 15 min free chats & first-aid prescriptions also available	
Thursday all day	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins	
Homoeopathy			
Tuesday pm	Sally Wallace	£40 for 60mins, children: £35 for 60mins	
Wednesday pm (Alternate weeks)	Lynda Mutch	£60 for 60mins (or £80 for 90 mins)	
Wednesday pm (Alternate weeks)	Janet Snowdon	1st appt. £90 for 90 mins, F/ups £50 for 30 mins. appt £75 for 60 mins F/Ups £38 for 30 mins Children 1st appt £80 for 60 mins F/Ups £40 for 30 mins	Children 1st
Hot stone Massage (Can also be combined with Warm Bamboo)			
Friday pm (Away until April 2016)	Lizzie Longhurst	£55 for 75 mins or £50.00 for 60 mins	
Clinical Hypnotherapy (Solution Focussed)			
Tuesday all day & Thurs pm	Maxine Kear	1st Appt for 50 mins + CD is free : FU: £60 for 60 mins	
Hypno Birthing (Solution Focussed)			
Tuesday all day & Thurs pm	Maxine Kear		
Indian Head Massage			
Monday pm	Nadia Hillman	£40 for 45mins or £30 for 30mins	
Friday pm (Away until April 2016)	Lizzie Longhurst	£40 for 45mins or £30 for 30mins	
Saturday pm	Helen Anderson	£40 for 45mins or £30 for 30mins	
Friday & Sunday	Keiko Kishimoto	£40 for 45mins or £30 for 30mins	
Kinesiology			
Tuesday all day & Thurs pm	Maxine Kear	£50 for 75 mins	
Friday pm	Caroline Metz	£55 for 90 mins; Follow ups £45 for 50 mins. Children (under 18) £40 for 60 mins only. Food Allergy testing £45 or £40 for children for 60 mins	
McTimoney Chiropractic (Free spine checks available for those considering treatment, book 1/2 hour)			
Monday all day	Jo Hanstead	1st apt £50 for up to 60mins: FU:£40 for 30mins or £48 for 45 mins £40 for new (60min) and £32 for 30 min F/ups	Under 16's
Marma Point Full Body Massage (N.B. Please note that some of your booked time will involve notes being taken and getting changed)			
Monday pm	Nadia Hillman	£70.00 for 90 mins (full treatment), £50 for 60mins - (Condensed)	
Massage or Facial and Bach Flower Remedy consultations combined (N.B. Please note that some of your booked time will involve notes being taken and getting changed)			
Thursday all day and Saturday pm	Celia Stewart	75mins £60 (1 hour massage with 15mins Bach) or 90mins £70 (1 Hour massage or Facial and 30 mins Bach flower Remedies)	
Massage, Holistic (N.B. Please note that some of your booked time will involve notes being taken and getting changed)			
* indicates specialist training in Pregnancy Massage			
Monday pm	Nadia Hillman	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Tuesday all day & Thurs pm	Maxine Kear	£60 for 75mins, £50 for 60mins, £35 for 30mins	
Wednesday am & some Mon am	Caroline Josling *	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Wednesday pm	Leora Sharp	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £40 for 45mins	
Wednesday pm	Shireen Hemmati	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Friday pm (Away until April 2016)	Lizzie Longhurst *	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Thursday all day and Saturday pm	Celia Stewart	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Thursday pm	Madeleine Zagni	£60 for 75mins, £50 for 60mins, BNS £35 for 30mins	
Friday pm & Sunday	Anna Kwasigroch	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Sat all day	Jeremy Dymond	£70.00 = 90 mins, £60 = 75mins, £50 = 60mins, £40 = 45 mins, £35 = 30mins	
Saturday pm	Helen Anderson *	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	
Friday & Sunday	Keiko Kishimoto *	£70.00 for 90 mins, £60 for 75mins, £50 for 60mins, £35 for 30mins	

Please give 24 hours notice for any changes or cancellations to avoid a full cancellation charge